



NORTH FLORIDA

MEN'S CROSS COUNTRY

2016 RESULTS/PERFORMANCE LIST

2016 SCHEDULE/RESULTS

Date	Event	Location	Distance	Team Finish	Top Individual	Finish	Time
Sept. 10	UNF XC Invitational	Jacksonville, Fla.	5,000m	n/a	Nick Morken	2nd	15:54.63
Sept. 24	Mountain Dew Invitational	Gainesville, Fla.	8,000m	2nd	Nick Morken	2nd	25:30.26
Oct. 14	USF Invitational	Tampa, Fla.	8,000m	1st	Brad Hort	1st	25:30.45
Oct. 29	ASUN Championship	Spartanburg, S.C.	8,000m	1st	Nick Morken	1st	25:00.48
Nov. 11	NCAA South Regional	Tallahassee, Fla.	10,000m	9th	Nick Morken	17th	30:57.6

TEAM/INDIVIDUAL MEET RESULTS

UNF XC INVITATIONAL

Sept. 10, 2016 • Jacksonville, Fla.
5,000 meters

Team Results (Dual, Round Robin)

Team	Record
1. FGCU	5-0
2. NORTH FLORIDA	4-1
3. BCU	3-2
4. Stetson	2-3
5. Jacksonville	1-4
6. FAMU	0-5

North Florida Individual Results (Field: 45)

Pl.	Name	Time
2	Nick Morken	15:54.03
5	Tyler Stahl	16:03.70
6	Manuel Velasquez	16:04.22
7	Noah Perkins	16:07.70
10	Bradley Langenberg	16:21.84

Unattached

13	Rayford James	16:29.82
16	Wesley Norton	16:48.21
21	Anderson Bobo	17:04.39
24	Sem Sultanov	17:19.30

MOUNTAIN DEW INVITATIONAL

Sept. 24, 2016 • Gainesville, Fla.
8,000 meters

Team Results

Team	Points
1. Florida	22
2. NORTH FLORIDA	49
3. FGCU	75
4. Miami	133
5. USF	145
6. Kennesaw State	150
7. FAU	191
8. Jacksonville	233
9. FIU	238
10. Stetson	263
11. FAMU	314

North Florida Individual Results (Field: 76)

Pl.	Name	Time
2	Nick Morken	25:30.26
6	Brad Hort	25:42.21
10	Manuel Velasquez	26:05.09
16	Noah Perkins	26:33.03
17	Michael Damato	26:33.64
22	Rob Leverone	26:50.77
23	Tyler Stahl	26:53.01
28	Fynn Timm	27:27.11
38	Bradley Langenberg	28:03.30
43	Sem Sultanov	28:16.52

Unattached

Anderson Bobo	28:19.84
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USF INVITATIONAL

Oct. 14, 2016 • Tampa, Fla.
8,000 meters

Team Results

Team	Points
1. NORTH FLORIDA	17
2. FGCU	87
3. Miami	89
4. USF	130
5. Florida	135
6. Stetson	156
7. FIU	169
8. FAU	173
9. BCU	200

North Florida Individual Results (Field: 61)

Pl.	Name	Time
1	Brad Hort	25:30.45
2	Michael Damato	25:31.02
3	Tyler Stahl	25:33.87
5	Manuel Velasquez	26:11.69
6	Rob Leverone	26:15.23
8	Noah Perkins	26:22.53
14	Jon Grandpierre	26:50.19
26	Rayford James	27:46.37
33	Sem Sultanov	28:14.21

TEAM/INDIVIDUAL MEET RESULTS

ASUN CHAMPIONSHIP

Oct. 29, 2016 • Spartanburg, S.C.
8,000 meters

Team Results

	Team	Points
1.	NORTH FLORIDA	22
2.	Lipscomb	61
3.	FGCU	68
4.	USC Upstate	114
5.	Kennesaw State	141
6.	Stetson	172
7.	NJIT	179
8.	Jacksonville	217

North Florida Individual Results (Field: 60)

Pl.	Name	Time
1	Nick Morken	25:00.48
2	Brad Hort	25:08.67
4	Michael Damato	25:22.96
5	Tyler Stahl	25:31.36
10	Noah Perkins	25:37.04
16	Jon Grandpierre	25:49.71
21	Rob Leverone	26:10.43
38	Fynn Timm	27:15.44
49	Manuel Velasquez	28:21.31

NCAA SOUTH REGIONAL

Nov. 11, 2016 • Tallahassee, Fla.
10,000 meters

Team Results

	Team	Points
1.	Ole Miss	46
2.	MTSU	61
3.	Georgia	105
4.	Alabama	122
5.	Florida State	127
6.	Samford	165
7.	Georgia Tech	173
8.	Florida	212
9.	NORTH FLORIDA	235
10.	Tennessee	300
11.	Tennessee Tech	321
12.	Belmont	347
13.	Lipscomb	386
14.	ETSU	393
15.	Mississippi State	420
16.	Vanderbilt	423
17.	FGCU	429
18.	Chattanooga	449
19.	Miami	501
20.	South Florida	592
21.	FAU	642

North Florida Individual Results (Field: 157)

Pl.	Name	Time
17	Nick Morken	30:57.6
33	Tyler Stahl	31:39.6
43	Brad Hort	31:48.8
74	Noah Perkins	32:35.4
80	Michael Damato	32:40.9
86	Jon Grandpierre	32:46.2
129	Rob Leverone	33:51.3

2016 TOP TIMES BY DISTANCE

5,000 METERS

Time	Name	Event	Date
15:54.63	Nick Morken	UNF XC Invitational	Sept. 10
16:03.70	Tyler Stahl	UNF XC Invitational	Sept. 10
16:04.22	Manuel Velasquez	UNF XC Invitational	Sept. 10
16:07.70	Noah Perkins	UNF XC Invitational	Sept. 10
16:21.84	Bradley Langenberg	UNF XC Invitational	Sept. 10
16:29.82	Rayford James*	UNF XC Invitational	Sept. 10
16:48.21	Wesley Norton*	UNF XC Invitational	Sept. 10
17:04.39	Anderson Bobo*	UNF XC Invitational	Sept. 10
17:19.30	Sem Sultanov*	UNF XC Invitational	Sept. 10

* = ran unattached

8,000 METERS

Time	Name	Event	Date
25:00.48	Nick Morken	ASUN Championship	Oct. 29
25:08.67	Brad Hort	ASUN Championship	Oct. 29
25:22.96	Michael Damato	ASUN Championship	Oct. 29
25:30.26	Nick Morken	Mt. Dew Invitational	Sept. 24
25:30.45	Brad Hort	USF Invitational	Oct. 14
25:31.02	Michael Damato	USF Invitational	Oct. 14
25:31.36	Tyler Stahl	ASUN Championship	Oct. 29
25:33.87	Tyler Stahl	USF Invitational	Oct. 14
25:37.04	Noah Perkins	ASUN Championship	Oct. 29
25:42.21	Brad Hort	Mt. Dew Invitational	Sept. 24
25:49.71	Jon Grandpierre	ASUN Championship	Oct. 29
26:05.09	Manuel Velasquez	Mt. Dew Invitational	Sept. 24
26:10.43	Rob Leverone	ASUN Championship	Oct. 29
26:11.69	Manuel Velasquez	USF Invitational	Oct. 14
26:15.23	Rob Leverone	USF Invitational	Oct. 14
26:22.53	Noah Perkins	USF Invitational	Oct. 14
26:33.03	Noah Perkins	Mt. Dew Invitational	Sept. 24
26:33.64	Michael Damato	Mt. Dew Invitational	Sept. 24
26:50.19	Jon Grandpierre	USF Invitational	Oct. 14
26:50.77	Rob Leverone	Mt. Dew Invitational	Sept. 24
26:53.01	Tyler Stahl	Mt. Dew Invitational	Sept. 24
27:15.44	Fynn Timm	ASUN Championship	Oct. 29
27:27.11	Fynn Timm	Mt. Dew Invitational	Sept. 24
27:46.37	Rayford James	USF Invitational	Oct. 14
28:03.30	Bradley Langenberg	Mt. Dew Invitational	Sept. 24
28:14.21	Sem Sultanov	USF Invitational	Oct. 14
28:16.52	Sem Sultanov	Mt. Dew Invitational	Sept. 24
28:19.84	Anderson Bobo*	Mt. Dew Invitational	Sept. 24
28:21.31	Manuel Velasquez	ASUN Championship	Oct. 29

*=ran unattached

10,000 METERS

Time	Name	Event	Date
30:57.6	Nick Morken	NCAA South Regional	Nov. 11
31:39.6	Tyler Stahl	NCAA South Regional	Nov. 11
31:48.8	Brad Hort	NCAA South Regional	Nov. 11
32:35.4	Noah Perkins	NCAA South Regional	Nov. 11
32:40.9	Michael Damato	NCAA South Regional	Nov. 11
32:46.2	Jon Grandpierre	NCAA South Regional	Nov. 11
33:51.3	Rob Leverone	NCAA South Regional	Nov. 11

2016 INDIVIDUAL PERFORMANCES

ANDERSON BOBO

5,000 Meters • PR - 17:04.39

Time	Event	Date	Finish
17:04.39	UNF XC Invitational	Sept. 10	21

8,000 Meters • PR - 28:19.84

Time	Event	Date	Finish
28:19.84	Mt. Dew Invitational	Sept. 24	37*

10,000 Meters • PR -

Time	Event	Date	Finish
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MICHAEL DAMATO

5,000 Meters • PR - 15:31.69

Time	Event	Date	Finish
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8,000 Meters • PR - 24:57.86

Time	Event	Date	Finish
26:33.64	Mt. Dew Invitational	Sept. 24	17
25:31.02	USF Invitational	Oct. 14	2
25:22.96	ASUN Championship	Oct. 29	4

10,000 Meters • PR - 30:42.40

Time	Event	Date	Finish
32:40.9	NCAA South Regional	Nov. 11	80

JON GRANDPIERRE

5,000 Meters • PR -

Time	Event	Date	Finish
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8,000 Meters • PR - 25:49.71

Time	Event	Date	Finish
26:50.19	USF Invitational	Oct. 14	14
25:49.71	ASUN Championship	Oct. 29	16

10,000 Meters • PR - 32:46.2

Time	Event	Date	Finish
32:46.2	NCAA South Regional	Nov. 11	86

BRAD HORT

5,000 Meters • PR - 15:57.61

Time	Event	Date	Finish
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8,000 Meters • PR - 25:03.02

Time	Event	Date	Finish
25:42.21	Mt. Dew Invitational	Sept. 24	6
25:30.45	USF Invitational	Oct. 14	1
25:08.67	ASUN Championship	Oct. 29	2

10,000 Meters • PR - 31:48.8

Time	Event	Date	Finish
31:48.8	NCAA South Regional	Nov. 11	43

RAYFORD JAMES

5,000 Meters • PR - 16:29.82

Time	Event	Date	Finish
16:29.82	UNF XC Invitational	Sept. 10	13

8,000 Meters • PR - 27:46.37

Time	Event	Date	Finish
27:46.37	USF Invitational	Oct. 14	26

10,000 Meters • PR -

Time	Event	Date	Finish
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BRADLEY LANGENBERG

5,000 Meters • PR - 16:21.84

Time	Event	Date	Finish
16:21.84	UNF XC Invitational	Sept. 10	10

8,000 Meters • PR - 25:48.76

Time	Event	Date	Finish
28:03.30	Mt. Dew Invitational	Sept. 24	38

10,000 Meters • PR -

Time	Event	Date	Finish
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ROB LEVERONE

5,000 Meters • PR -

Time	Event	Date	Finish
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8,000 Meters • PR - 26:10.43

Time	Event	Date	Finish
26:50.77	Mt. Dew Invitational	Sept. 24	22
26:15.23	USF Invitational	Oct. 14	6
26:10.43	ASUN Championship	Oct. 29	21

10,000 Meters • PR - 33:51.3

Time	Event	Date	Finish
33:51.3	NCAA South Regional	Nov. 11	129

NICK MORKEN

5,000 Meters • PR - 15:46.30

Time	Event	Date	Finish
15:53.03	UNF XC Invitational	Sept. 10	2

8,000 Meters • PR - 25:00.48

Time	Event	Date	Finish
25:30.26	Mt. Dew Invitational	Sept. 24	2
25:00.48	ASUN Championship	Oct. 29	1

10,000 Meters • PR - 30:57.6

Time	Event	Date	Finish
30:57.6	NCAA South Regional	Nov. 11	17

2016 INDIVIDUAL PERFORMANCES

WESLEY NORTON

5,000 Meters • PR - 16:21.03

Time	Event	Date	Finish
16:48.21	UNF XC Invitational	Sept. 10	16

8,000 Meters • PR - 26:10.16

Time	Event	Date	Finish

10,000 Meters • PR -

Time	Event	Date	Finish

NOAH PERKINS

5,000 Meters • PR - 16:07.70

Time	Event	Date	Finish
16:07.70	UNF XC Invitational	Sept. 10	7

8,000 Meters • PR - 25:37.04

Time	Event	Date	Finish
26:33.03	Mt. Dew Invitational	Sept. 24	16
26:22.53	USF Invitational	Oct. 14	8
25:37.04	ASUN Championship	Oct. 29	10

10,000 Meters • PR - 32:35.4

Time	Event	Date	Finish
32:35.4	NCAA South Regional	Nov. 11	74

TYLER STAHL

5,000 Meters • PR - 16:03.70

Time	Event	Date	Finish
16:03.70	UNF XC Invitational	Sept. 10	5

8,000 Meters • PR - 25:31.36

Time	Event	Date	Finish
26:53.01	Mt. Dew Invitational	Sept. 24	23
25:33.87	USF Invitational	Oct. 14	3
25:31.36	ASUN Championship	Oct. 29	5

10,000 Meters • PR - 31:39.6

Time	Event	Date	Finish
31:39.6	NCAA South Regional	Nov. 11	33

SEM SULTANOV

5,000 Meters • PR - 17:19.30

Time	Event	Date	Finish
17:19.30	UNF XC Invitational	Sept. 10	24

8,000 Meters • PR - 28:14.21

Time	Event	Date	Finish
28:16.52	Mt. Dew Invitational	Sept. 24	43
28:14.21	USF Invitational	Oct. 14	33

10,000 Meters • PR -

Time	Event	Date	Finish

FYNN TIMM

5,000 Meters • PR -

Time	Event	Date	Finish

8,000 Meters • PR - 25:27.61

Time	Event	Date	Finish
27:27.11	Mt. Dew Invitational	Sept. 24	28
27:15.44	ASUN Championship	Oct. 29	38

10,000 Meters • PR - 33:21.05

Time	Event	Date	Finish

MANNY VELASQUEZ

5,000 Meters • PR - 16:04.22

Time	Event	Date	Finish
16:04.22	UNF XC Invitational	Sept. 10	6

8,000 Meters • PR - 25:56.72

Time	Event	Date	Finish
26:05.09	Mt. Dew Invitational	Sept. 24	10
26:11.69	USF Invitational	Oct. 14	5
28:21.31	ASUN Championship	Oct. 29	49

10,000 Meters • PR -

Time	Event	Date	Finish
