

Tentative Schedule



Spring Break Invitational

University of North Florida

March 24-25, 2017

Hodges Stadium

Friday, March 24th

College

Field Events

10:00AM Hammer Women/Men to follow
Javelin Men/Women to follow
Long Jump Men & Women

11:00AM Pole Vault Men/Women to follow

3:30PM High Jump Men/Women to follow
Discus Women/Men to follow
Triple Jump Men & Women
Shot Put Men /Women to follow

Running Events

4:30PM 100m Hurdles Women
110m Hurdles Men
4 x 100m Relay Women
4 x 100m Relay Men
Steeplechase Women
Steeplechase Men
400m Women
400m Men
100m Women
100m Men
800m Women
800m Men
400m Hurdles Women
400m Hurdles Men
1500m Women
1500m Men
200m Women
200m Men
5000 Women
5000 Men
4 x 400 Women
4 x 400 Men
10,000m Women
9:00PM 10,000m Men

Saturday, March 25th

High School

Field Events

9:00am Discus (HS- B) Outside cage
Shot Put (HS-G)
Long Jump (HS-G) Runway A
Long Jump (HS-B) Runway B

10:00am Pole Vault (HS-G)
High Jump (HS-G)

12:00pm Discus (HS G) Outside cage
Shot Put (HS-B)
Triple Jump (HS-G) Runway A
Triple Jump (HS-B) Runway B

1:00pm Pole Vault (HS-B)
High Jump (HS-B)

Running Events

9:00am 4 x 800m (HS-G)
4 x 800m (HS-B)

10:30am 100m Hurdles (G)
110m Hurdles (B)
100m (HS-G)
100m (HS-B)
1600m (HS-G)
1600m (HS-B)
4 x 100m (HS-G)
4 x 100m (HS-B)
400m (HS-G)
400m (HS-B)
300m H (HS-G)
300m H (HS-B)
2000m Steeple Chase (HS-G)
2000m Steeple Chase (HS-B)
800m (HS-G)
800m (HS-B)
200m (HS-G)
200m (HS-B)
3200m (HS-G)
3200m (HS-B)
4x400m (HS-G)
4x400m (HS-B)

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ENTRIES:

- College team entries will be done online at www.directathletics.com. (Opens March 6th)
- High School team entries will be done online at. FL Runners
- **Unattached athletes** must enter via DirectAthletics and **must pay online**.
- ***All Entries are due Monday March 20, 2017 @ 11:59PM***
- **Late entries for additional \$25.00 by 12:00PM (noon) Wednesday and emailed to adam.cooke@unf.edu**
- Entries and final schedule will be posted by 12:00pm (noon) Thursday March 23 at the UNF Track & Field web site
- UNF has a NO REFUND policy under any circumstance.
- UNF reserves the right to change the final schedule and times of events.

FEES:

- Univ- \$350/gender or \$25/athlete, whichever is smaller.
- HS- \$100/gender or \$20/athlete, whichever is smaller.
- Entry fees fro College and High School teams can be paid at packet pick-up, or mailed to UNF, **7 days before the meet**. Make checks payable to: UNF **Track & Field**

C/O UNF ATHLETICS – TRACK & FIELD
University of North Florida
1 UNF DRIVE
JACKSONVILLE, FL 32224

- Unattached Athletes- \$25 and must be paid online when registering.
- Packet pick-up will start 90 minuets before the first event on the day of competition. Pick-up area will be in front of Team entry gate.

Event Check-In:

Running events: Participants must check-in with the **meet clerk** no later than 45 minutes prior to the start of the scheduled event. Athletes failing to report 45 minutes before will be scratched from the event.

Field events: Participants must report to the **event site** no later than 45 minutes prior to the start of the scheduled event. Athletes failing to report 45 minutes before will be scratched from the event. Pole Vault athletes will be allowed on the runway 1 hour prior to the start of their event.

Implement Weigh-In: Implements must be measured at the Implement Weigh-In Area located in the center tunnel of stadium (entry is from the track side only) no later than 90 minutes prior to the start of the scheduled event. **High school** athletes will not have to weigh in implements.

Warm-Up Area: All warm-ups must be conducted on the practice track and grass practice field next to the track.

Spike Length: Spikes no longer then ¼” (9mm), with pyramid design must be worn, excluding the javelin and high jump (3/8”). All shoes must do through spike check and the clerk’s tent before competing. If found wearing non checked spikes athlete will not be permitted to compete using those spikes.