



NORTH FLORIDA

MEN'S CROSS COUNTRY

2024 RESULTS/PERFORMANCE LIST

2024 SCHEDULE/RESULTS

Date	Event	Location	Distance	Team Finish	Top Individual	Finish	Time
Sept. 13	Duval 5K XC Challenge	Jacksonville, Fla.	5K	1st	Ilias El Khattabi	1st	15:34.3
Sept. 27	Gans Creek Classic	Columbia, Mo.	8K	8th	Robert Pedroza	31st	23:55.8
Oct. 18	Crimson Classic	Tuscaloosa, Ala.	8K				
Nov. 2	ASUN Championship	DeLand, Fla.	8K				
Nov. 15	NCAA South Regionals	Tallahassee, Fla.	10K				

TEAM/INDIVIDUAL MEET RESULTS

DUVAL 5K XC CHALLENGE

Sept. 13, 2024 • Jacksonville, Fla.
5K

Team Results

Team	Points
1. NORTH FLORIDA	27
2. Tampa	31
3. Flagler	99
4. Florida Atlantic	118
5. Seminole SC	152
6. Eastern Florida	161
7. Bethune-Cookman	186
8. FSCJ (Jacksonville)	238
9. Florida Running Club	272
10. Florida National	329
11. Edward Waters	350
12. Beacon College	360

North Florida Individual Results (Field: 120)

Pl.	Name	Time
1.	Ilias El Khattabi	15:34.3
2.	Paul Lespasio	15:34.9
3.	Sebastian Hernandez	15:37.8
4.	Aiden Arnold (UNA)	15:40.6
9.	Alejandro Romagosa (UNA)	15:45.7
13.	Ryan Douihech	15:55.0
15.	Colton Lawson	16:05.3
16.	Christian Ruocco	16:12.9
17.	Grant Doherty	16:17.8
18.	Shamar Henry (UNA)	16:19.5
19.	Andrew Mahorner	16:20.1
20.	Ben Tary	16:21.0
21.	Aaron Schimke	16:24.0
26.	Kameron Wallizada	16:32.9
28.	William Montanye (UNA)	16:46.8
53.	Seth Martinez	17:35.5
57.	Onix Ortiz Vazquez	17:43.1
59.	Robert Pedroza	17:44.3

GANS CREEK CLASSIC

Sept. 27, 2024 • Columbia, Mo.
8K

Team Results

Team	Points
1. Stanford	31
2. Tennessee	163
3. Auburn	167
4. Missouri	180
5. Kentucky	185
6. Lipscomb	213
7. Ole Miss	238
8. NORTH FLORIDA	271
9. Illinois State	280
10. Florida	291
11. Georgia Tech	315
12. Weber State	334
13. Iowa	366
14. Kansas	471
15. MTSU	478
16. Rice	487
17. Maine	510
18. Creighton	515
19. Wichita State	569
20. South Dakota	572
21. Southern Indiana	612
22. Eastern Washington	644
23. UC San Diego	669
24. SE Missouri	680
25. UT-Martin	683
26. Saint Louis	707
27. North Alabama	719
28. Kansas State	724
29. Abilene Christian	753
30. Central Arkansas	759
31. Northern Iowa	766
32. Valparaiso	921
33. Baylor	951
34. SIU Edwardsville	1063
35. Southern Illinois	1067
36. Kansas City	1107

North Florida Individual Results (Field: X)

Pl.	Name	Time
31.	Robert Pedroza	23:55.8
44.	Seth Martinez	24:00.8
59.	Onix Ortiz Vazquez	24:14.3
62.	Cole Perry	24:17.3
83.	Ilias El Khattabi	24:29.0
102.	Sebastian Hernandez	24:38.2
155.	Ryan Douihech	25:01.4
166.	Paul Lespasio	25:07.6
186.	Colton Lawson	25:16.3

CRIMSON CLASSIC

Oct. 18, 2024 • Tuscaloosa, Ala.
8K

Team Results

Team	Points

North Florida Individual Results (Field: X)

Pl.	Name	Time
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TEAM/INDIVIDUAL MEET RESULTS

ASUN CHAMPIONSHIP

Nov. 2, 2024 • DeLand, Fla.
8K

Team Results

Team	Points
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North Florida Individual Results *(Field: X)*

Pl.	Name	Time
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NCAA SOUTH REGIONALS

Nov. 15, 2024 • Tallahassee, Fla.
10K

Team Results

Team	Points
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North Florida Individual Results *(Field: X)*

Pl.	Name	Time
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2024 TOP TIMES BY DISTANCE

5,000 METERS

Time	Name	Event	Date
15:34.3	Ilias El Khattabi	Duval 5K XC Challenge	Sept. 13
15:34.9	Paul Lespasio	Duval 5K XC Challenge	Sept. 13
15:37.8	Sebastian Hernandez	Duval 5K XC Challenge	Sept. 13
15:40.6	Aiden Arnold	Duval 5K XC Challenge	Sept. 13
15:45.7	Alejandro Romagosa	Duval 5K XC Challenge	Sept. 13
15:55.0	Ryan Douihech	Duval 5K XC Challenge	Sept. 13
16:05.3	Colton Lawson	Duval 5K XC Challenge	Sept. 13
16:12.9	Christian Ruocco	Duval 5K XC Challenge	Sept. 13
16:17.8	Grant Doherty	Duval 5K XC Challenge	Sept. 13
16:19.5	Shamar Henry	Duval 5K XC Challenge	Sept. 13
16:20.1	Andrew Mahorner	Duval 5K XC Challenge	Sept. 13
16:21.0	Ben Tary	Duval 5K XC Challenge	Sept. 13
16:24.0	Aaron Schimke	Duval 5K XC Challenge	Sept. 13
16:32.9	Kameron Wallizada	Duval 5K XC Challenge	Sept. 13
16:46.8	William Montanye	Duval 5K XC Challenge	Sept. 13
17:35.5	Seth Martinez	Duval 5K XC Challenge	Sept. 13
17:43.1	Onix Ortiz Vazquez	Duval 5K XC Challenge	Sept. 13
17:44.3	Robert Pedroza	Duval 5K XC Challenge	Sept. 13

8,000 METERS

Time	Name	Event	Date
23:55.8	Robert Pedroza	Gans Creek Classic	Sept. 27
24:00.8	Seth Martinez	Gans Creek Classic	Sept. 27
24:14.3	Onix Ortiz Vazquez	Gans Creek Classic	Sept. 27
24:17.3	Cole Perry	Gans Creek Classic	Sept. 27
24:29.0	Ilias El Khattabi	Gans Creek Classic	Sept. 27
24:38.2	Sebastian Hernandez	Gans Creek Classic	Sept. 27
25:01.4	Ryan Douihech	Gans Creek Classic	Sept. 27
25:07.6	Paul Lespasio	Gans Creek Classic	Sept. 27
25:16.3	Colton Lawson	Gans Creek Classic	Sept. 27

2024 TOP TIMES BY DISTANCE

10,000 METERS

Time	Name	Event	Date
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2024 INDIVIDUAL PERFORMANCES

AIDEN ARNOLD

5,000 Meters • PR - 15:40.6

Time	Event	Date	Finish
15:40.6	Duval 5K XC Challenge	Sept. 13	4

8,000 Meters • PR - 24:34.6

Time	Event	Date	Finish
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10,000 Meters • PR - 30:32.6

Time	Event	Date	Finish
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GRANT DOHERTY

5,000 Meters • PR - 16:17.8

Time	Event	Date	Finish
16:17.8	Duval 5K XC Challenge	Sept. 13	17

8,000 Meters • PR - 30:30.03

Time	Event	Date	Finish
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10,000 Meters • PR -

Time	Event	Date	Finish
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RYAN DOUIHECH

5,000 Meters • PR - 15:55.0

Time	Event	Date	Finish
15:55.0	Duval 5K XC Challenge	Sept. 13	13

8,000 Meters • PR - 25:01.4

Time	Event	Date	Finish
25:01.4	Gans Creek Classic	Sept. 27	155

10,000 Meters • PR -

Time	Event	Date	Finish
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SHAMAR HENRY

5,000 Meters • PR - 16:19.5

Time	Event	Date	Finish
16:19.5	Duval 5K XC Challenge	Sept. 13	18

8,000 Meters • PR -

Time	Event	Date	Finish
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10,000 Meters • PR -

Time	Event	Date	Finish
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SEBASTIAN HERNANDEZ

5,000 Meters • PR - 15:37.8

Time	Event	Date	Finish
15:37.8	Duval 5K XC Challenge	Sept. 13	3

8,000 Meters • PR - 24:38.2

Time	Event	Date	Finish
24:38.2	Gans Creek Classic	Sept. 27	102

10,000 Meters • PR -

Time	Event	Date	Finish
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ILIAS EL KHATTABI

5,000 Meters • PR - 15:34.3

Time	Event	Date	Finish
15:34.3	Duval 5K XC Challenge	Sept. 13	1

8,000 Meters • PR - 24:29.0

Time	Event	Date	Finish
24:29.0	Gans Creek Classic	Sept. 27	83

10,000 Meters • PR - 30:03.1

Time	Event	Date	Finish
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COLTON LAWSON

5,000 Meters • PR - 16:05.3

Time	Event	Date	Finish
16:05.3	Duval 5K XC Challenge	Sept. 13	15

8,000 Meters • PR - 25:16.3

Time	Event	Date	Finish
25:16.3	Gans Creek Classic	Sept. 27	186

10,000 Meters • PR -

Time	Event	Date	Finish
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PAUL LESPASIO

5,000 Meters • PR - 15:34.9

Time	Event	Date	Finish
15:34.9	Duval 5K XC Challenge	Sept. 13	2

8,000 Meters • PR - 25:02.9

Time	Event	Date	Finish
25:07.6	Gans Creek Classic	Sept. 27	166

10,000 Meters • PR - 31:08.1

Time	Event	Date	Finish
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2024 INDIVIDUAL PERFORMANCES

ANDREW MAHORNER

5,000 Meters • PR - 16:20.1

Time	Event	Date	Finish
16:20.1	Duval 5K XC Challenge	Sept. 13	19

8,000 Meters • PR - 28:46.33

Time	Event	Date	Finish
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10,000 Meters • PR -

Time	Event	Date	Finish
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SETH MARTINEZ

5,000 Meters • PR - 17:35.5

Time	Event	Date	Finish
17:35.5	Duval 5K XC Challenge	Sept. 13	53

8,000 Meters • PR - 24:00.8

Time	Event	Date	Finish
24:00.8	Gans Creek Classic	Sept. 27	44

10,000 Meters • PR -

Time	Event	Date	Finish
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WILLIAM MONTANYE

5,000 Meters • PR - 16:46.8

Time	Event	Date	Finish
16:46.8	Duval 5K XC Challenge	Sept. 13	28

8,000 Meters • PR -

Time	Event	Date	Finish
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10,000 Meters • PR -

Time	Event	Date	Finish
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GAVIN O'BRIEN

5,000 Meters • PR -

Time	Event	Date	Finish
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8,000 Meters • PR - 24:29.3

Time	Event	Date	Finish
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10,000 Meters • PR -

Time	Event	Date	Finish
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AIDAN O'GORMAN

5,000 Meters • PR -

Time	Event	Date	Finish
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8,000 Meters • PR - 23:47.7

Time	Event	Date	Finish
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10,000 Meters • PR - 29:32.0

Time	Event	Date	Finish
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ONIX ORTIZ VAZQUEZ

5,000 Meters • PR - 17:43.1

Time	Event	Date	Finish
17:43.1	Duval 5K XC Challenge	Sept. 13	57

8,000 Meters • PR - 24:14.3

Time	Event	Date	Finish
24:14.3	Gans Creek Classic	Sept. 27	59

10,000 Meters • PR - 31:42.0

Time	Event	Date	Finish
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ROBERT PEDROZA

5,000 Meters • PR - 17:44.3

Time	Event	Date	Finish
17:44.3	Duval 5K XC Challenge	Sept. 13	59

8,000 Meters • PR - 23:55.8

Time	Event	Date	Finish
23:55.8	Gans Creek Classic	Sept. 27	31

10,000 Meters • PR - 29:38.9

Time	Event	Date	Finish
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COLE PERRY

5,000 Meters • PR -

Time	Event	Date	Finish
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8,000 Meters • PR - 24:17.3

Time	Event	Date	Finish
24:17.3	Gans Creek Classic	Sept. 27	62

10,000 Meters • PR - 30:29.4

Time	Event	Date	Finish
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2024 INDIVIDUAL PERFORMANCES

ALEJANDRO ROMAGOSA

5,000 Meters • PR - 15:45.7

Time	Event	Date	Finish
15:45.7	Duval 5K XC Challenge	Sept. 13	9

8,000 Meters • PR -

Time	Event	Date	Finish
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10,000 Meters • PR -

Time	Event	Date	Finish
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CHRISTIAN RUOCCO

5,000 Meters • PR - 16:12.9

Time	Event	Date	Finish
16:12.9	Duval 5K XC Challenge	Sept. 13	16

8,000 Meters • PR - 25:17.0

Time	Event	Date	Finish
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10,000 Meters • PR -

Time	Event	Date	Finish
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AARON SCHIMKE

5,000 Meters • PR - 16:24.0

Time	Event	Date	Finish
16:24.0	Duval 5K XC Challenge	Sept. 13	21

8,000 Meters • PR - 25:50.9

Time	Event	Date	Finish
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10,000 Meters • PR -

Time	Event	Date	Finish
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BEN TARY

5,000 Meters • PR - 16:21.0

Time	Event	Date	Finish
16:21.0	Duval 5K XC Challenge	Sept. 13	20

8,000 Meters • PR - 26:15.2

Time	Event	Date	Finish
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10,000 Meters • PR -

Time	Event	Date	Finish
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KAMERON WALLIZADA

5,000 Meters • PR - 16:32.9

Time	Event	Date	Finish
16:32.9	Duval 5K XC Challenge	Sept. 13	26

8,000 Meters • PR - 25:24.4

Time	Event	Date	Finish
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10,000 Meters • PR -

Time	Event	Date	Finish
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