



NORTH FLORIDA

WOMEN'S CROSS COUNTRY

2024 RESULTS/PERFORMANCE LIST

2024 SCHEDULE/RESULTS

Date	Event	Location	Distance	Team Finish	Top Individual	Finish	Time
Sept. 13	Duval 5K XC Challenge	Jacksonville, Fla.	5K	1st	Smilla Kolbe	1st	18:37.9
Sept. 27	Gans Creek Classic	Columbia, Mo.	6K	26th	Isa Leen	103rd	21:38.2
Oct. 18	Crimson Classic	Tuscaloosa, Ala.	6K				
Nov. 2	ASUN Championship	DeLand, Fla.	5K				
Nov. 15	NCAA South Regionals	Tallahassee, Fla.	6K				

TEAM/INDIVIDUAL MEET RESULTS

DUVAL 5K XC CHALLENGE

Sept. 13, 2024 • Jacksonville, Fla.
5K

Team Results

Team	Points
1. NORTH FLORIDA	27
2. Florida Atlantic	33
3. Tampa	71
4. Flagler	137
5. Seminole SC	164
6. Florida A&M	194
7. Bethune-Cookman	218
8. South Florida SC	237
9. Eastern Florida	251
10. FSCJ (Jacksonville)	333
11. Tallahassee CC	337
12. Edward Waters	355
13. Florida National	356

North Florida Individual Results (Field: 126)

Pl.	Name	Time
1.	Smilla Kolbe	18:37.9
5.	Madeline Castillo	18:44.6
6.	Emma Millson	18:46.0
7.	Cohen Kooker	18:53.1
8.	Isa Leen	18:54.6
10.	Annika Buser	19:04.3
12.	Melissa Bentayeb	19:10.4
15.	Laci Watford	19:19.3
16.	Ella Chandler	19:22.6
21.	Jada Williams	19:34.1
36.	Brooke Yates	20:32.7
37.	Amelia Tackling	20:43.2
38.	Abigail Williams	20:46.7

GANS CREEK CLASSIC

Sept. 27, 2024 • Columbia, Mo.
6K

Team Results

Team	Points
1. Stanford	44
2. Tennessee	91
3. Ole Miss	120
4. Florida	131
5. Georgia Tech	164
6. Auburn	182
7. Air Force	189
8. Tulsa	214
9. Kentucky	243
10. Missouri	336
11. Weber State	391
12. Eastern Washington	453
13. Iowa	465
14. Northern Iowa	501
15. Illinois State	517
16. UC San Diego	532
17. Central Arkansas	563
18. UCLA	567
19. MTSU	574
20. Wichita State	587
21. Kansas State	588
22. Southern Indiana	628
23. Lipscomb	668
24. South Dakota	670
25. Saint Louis	675
26. NORTH FLORIDA	680
27. Baylor	695
28. Missouri State	713
29. Creighton	871
30. Omaha	873
31. SE Missouri	877
32. Maine	903
33. Abilene Christian	921
34. Southern Illinois	1005
35. SIU Edwardsville	1043
36. Valparaiso	1051
37. North Alabama	1065
38. Kansas City	1185

North Florida Individual Results (Field: X)

Pl.	Name	Time
103.	Isa Leen	21:38.2
150.	Emma Millson	22:02.3
160.	Ana Markovina	22:11.4
161.	Annika Buser	22:11.8
184.	Madeline Castillo	22:24.9
191.	Ella Chandler	22:30.7
206.	Cohen Kooker	22:38.6
222.	Melissa Bentayeb	22:48.5
274.	Laci Watford	23:24.8

CRIMSON CLASSIC

Oct. 18, 2024 • Tuscaloosa, Ala.
6K

Team Results

Team	Points

North Florida Individual Results (Field: X)

Pl.	Name	Time
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TEAM/INDIVIDUAL MEET RESULTS

ASUN CHAMPIONSHIP

Nov. 2, 2024 • DeLand, Fla.
5K

Team Results

Team	Points
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North Florida Individual Results *(Field: X)*

Pl.	Name	Time
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NCAA SOUTH REGIONALS

Nov. 15, 2024 • Tallahassee, Fla.
6K

Team Results

Team	Points
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North Florida Individual Results *(Field: X)*

Pl.	Name	Time
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2024 TOP TIMES BY DISTANCE

5,000 METERS

Time	Name	Event	Date
18:37.9	Smilla Kolbe	Duval 5K XC Challenge	Sept. 13
18:44.6	Madeline Castillo	Duval 5K XC Challenge	Sept. 13
18:46.0	Emma Millson	Duval 5K XC Challenge	Sept. 13
18:53.1	Cohen Kooker	Duval 5K XC Challenge	Sept. 13
18:54.6	Isa Leen	Duval 5K XC Challenge	Sept. 13
19:04.3	Annika Buser	Duval 5K XC Challenge	Sept. 13
19:10.4	Melissa Bentayeb	Duval 5K XC Challenge	Sept. 13
19:19.3	Laci Watford	Duval 5K XC Challenge	Sept. 13
19:22.6	Ella Chandler	Duval 5K XC Challenge	Sept. 13
19:34.1	Jada Williams	Duval 5K XC Challenge	Sept. 13
20:32.7	Brooke Yates	Duval 5K XC Challenge	Sept. 13
20:43.2	Amelia Tackling	Duval 5K XC Challenge	Sept. 13
20:46.7	Abigail Williams	Duval 5K XC Challenge	Sept. 13

6,000 METERS

Time	Name	Event	Date
21:38.2	Isa Leen	Gans Creek Classic	Sept. 27
22:02.3	Emma Millson	Gans Creek Classic	Sept. 27
22:11.4	Ana Markovina	Gans Creek Classic	Sept. 27
22:11.8	Annika Buser	Gans Creek Classic	Sept. 27
22:24.9	Madeline Castillo	Gans Creek Classic	Sept. 27
22:30.7	Ella Chandler	Gans Creek Classic	Sept. 27
22:38.6	Cohen Kooker	Gans Creek Classic	Sept. 27
22:48.5	Melissa Bentayeb	Gans Creek Classic	Sept. 27
23:24.8	Laci Watford	Gans Creek Classic	Sept. 27

2024 INDIVIDUAL PERFORMANCES

MELISSA BENTAYEB

3-Miles • PR -			
Time	Event	Date	Finish
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5,000 Meters • PR - 19:10.4			
Time	Event	Date	Finish
19:10.4	Duval 5K XC Challenge	Sept. 13	12
6,000 Meters • PR - 22:48.5			
Time	Event	Date	Finish
22:48.5	Gans Creek Classic	Sept. 27	222

ANNIKA BUSER

3-Miles • PR - 19:11.2			
Time	Event	Date	Finish
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5,000 Meters • PR - 19:04.3			
Time	Event	Date	Finish
19:04.3	Duval 5K XC Challenge	Sept. 13	10
6,000 Meters • PR - 22:11.8			
Time	Event	Date	Finish
22:11.8	Gans Creek Classic	Sept. 27	161

MADELINE CASTILLO

3-Miles • PR -			
Time	Event	Date	Finish
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5,000 Meters • PR - 18:44.6			
Time	Event	Date	Finish
18:44.6	Duval 5K XC Challenge	Sept. 13	5
6,000 Meters • PR - 22:24.9			
Time	Event	Date	Finish
22:24.9	Gans Creek Classic	Sept. 27	184

ELLA CHANDLER

3-Miles • PR - 18:37.2			
Time	Event	Date	Finish
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5,000 Meters • PR - 17:49.4			
Time	Event	Date	Finish
19:22.6	Duval 5K XC Challenge	Sept. 13	16
6,000 Meters • PR - 22:19.6			
Time	Event	Date	Finish
22:30.7	Gans Creek Classic	Sept. 27	191

SMILLA KOLBE

3-Miles • PR -			
Time	Event	Date	Finish
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5,000 Meters • PR - 17:39.7			
Time	Event	Date	Finish
18:37.9	Duval 5K XC Challenge	Sept. 13	1
6,000 Meters • PR -			
Time	Event	Date	Finish
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COHEN KOOKER

3-Miles • PR -			
Time	Event	Date	Finish
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5,000 Meters • PR - 18:53.1			
Time	Event	Date	Finish
18:53.1	Duval 5K XC Challenge	Sept. 13	7
6,000 Meters • PR - 22:38.6			
Time	Event	Date	Finish
22:38.6	Gans Creek Classic	Sept. 27	206

ISA LEEN

3-Miles • PR - 18:17.3			
Time	Event	Date	Finish
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5,000 Meters • PR - 17:48.4			
Time	Event	Date	Finish
18:54.6	Duval 5K XC Challenge	Sept. 13	8
6,000 Meters • PR - 21:06.9			
Time	Event	Date	Finish
21:38.2	Gans Creek Classic	Sept. 27	103

ANA MARKOVINA

3-Miles • PR - 17:53.8			
Time	Event	Date	Finish
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5,000 Meters • PR - 19:45.1			
Time	Event	Date	Finish
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6,000 Meters • PR - 20:49.8			
Time	Event	Date	Finish
22:11.4	Gans Creek Classic	Sept. 27	160

2024 INDIVIDUAL PERFORMANCES

EMMA MILLSON

3-Miles • PR - 18:07.1			
Time	Event	Date	Finish
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5,000 Meters • PR - 18:26.65			
Time	Event	Date	Finish
18:46.0	Duval 5K XC Challenge	Sept. 13	6

6,000 Meters • PR - 21:22.4			
Time	Event	Date	Finish
22:02.3	Gans Creek Classic	Sept. 27	150

AMELIA TACKLING

3-Miles • PR -			
Time	Event	Date	Finish
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5,000 Meters • PR - 20:43.2			
Time	Event	Date	Finish
20:43.2	Duval 5K XC Challenge	Sept. 13	37

6,000 Meters • PR -			
Time	Event	Date	Finish
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LACI WATFORD

3-Miles • PR - 18:54.5			
Time	Event	Date	Finish
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5,000 Meters • PR - 19:08.55			
Time	Event	Date	Finish
19:19.3	Duval 5K XC Challenge	Sept. 13	15

6,000 Meters • PR - 23:24.8			
Time	Event	Date	Finish
23:24.8	Gans Creek Classic	Sept. 27	274

ABIGAIL WILLIAMS

3-Miles • PR -			
Time	Event	Date	Finish
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5,000 Meters • PR - 20:46.7			
Time	Event	Date	Finish
20:46.7	Duval 5K XC Challenge	Sept. 13	38

6,000 Meters • PR -			
Time	Event	Date	Finish
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JADA WILLIAMS

3-Miles • PR - 18:56.3			
Time	Event	Date	Finish
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5,000 Meters • PR - 17:59.3			
Time	Event	Date	Finish
19:34.1	Duval 5K XC Challenge	Sept. 13	21

6,000 Meters • PR - 21:32.6			
Time	Event	Date	Finish
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BROOKE YATES

3-Miles • PR -			
Time	Event	Date	Finish
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5,000 Meters • PR - 20:32.7			
Time	Event	Date	Finish
20:32.7	Duval 5K XC Challenge	Sept. 13	36

6,000 Meters • PR -			
Time	Event	Date	Finish
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